

Stay warm this  
winter with

# HEAP

“Long Island families are all too familiar with harsh winter weather. I encourage everyone who is eligible to take advantage of the Home Energy Assistance Program (HEAP) to stay warm and keep costs down.”

– Assemblyman Phil Ramos



1010 Suffolk Ave.  
Brentwood, NY 11717

PRSR STD.  
U.S. Postage  
**PAID**  
Albany, NY  
Permit No. 75

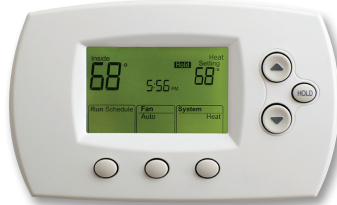
# ASSEMBLYMAN PHIL RAMOS:

**Don't forget to sign up for HEAP!**

**The Home Energy Assistance Program (HEAP) helps income-eligible New Yorkers pay the cost of heating their homes during the winter months. Eligibility is determined by:**

- Your household size and income
- Whether the household contains a vulnerable individual (aged 60 or older, under age 6 or permanently disabled)
- Your primary heating source

**You can also apply by mail or in person at:**



**Suffolk County Dept.  
of Social Services**  
P.O. Box 18100  
200 Wireless Boulevard  
Hauppauge, NY 11788  
631-853-8825

**Suffolk County Dept.  
of Social Services**  
80 Middle Country Road  
Coram, NY 11727  
631-854-2300

**To apply, check your eligibility or learn more, visit [mybenefits.ny.gov](https://mybenefits.ny.gov)**

**Assemblyman Phil Ramos**

For more information about this or any community issue, contact my office at:  
1010 Suffolk Ave. • Brentwood, NY 11717 • 631-435-3214 • RamosP@nyassembly.gov